



The LOSS OF A LIMB is a Traumatic Experience REHABILITATION is an **Essential Stage** IN YOUR JOURNEY







Fees & Funding

SAAPRAS accepts:

- **Privately Insured Clients**
- **DVA Clients**
- Clients with Third Party / Compensable claims, including work injury, motor vehicle accident, income protection / disability & public liability

Privately insured clients may have out of pocket expenses which will be discussed prior to the commencement of services.

SAAPRAS also accepts patients who are not Privately Insured. A Cost estimate can be provided for your consideration.



FULLARTON OFFICE

Ground Floor 246 Glen Osmond Road, **FULLARTON SA 5063**

OPENING HOURS

MONDAY to FRIDAY - 8.30am to 5.00pm SATURDAY & SUNDAY - Closed





NURIOOTPA OFFICE

26 Second Street, **NURIOOTPA SA 5355**

OPENING HOURS

MONDAY to FRIDAY - 8.30am to 5.00pm

SATURDAY & SUNDAY - Closed

Times Subject to Change - Appointments Necessary

CONTACT US VIA EMAIL

office@mpot.com.au info@accessfitness.com.au

www.mpot.com.au www.accessfitness.com.au www.prostek.com.au



SAAPRAS

South Australian Amputee Prosthetic Rehabilitation & Advisory Service

> **Enabling People to** MAXIMISE their RECOVERY through targeted Rehabilitation























About SAAPRAS

SAAPRAS is a joint initiative between MPOT/Access Fitness and Prostek

The South Australian Amputee Prosthetic Rehabilitation and Advisory Service (SAAPRAS) is a unique privately owned community based service in South Australia.

Working with people pre and post amputation, we provide:

- Person Centered
- Evidence Based
- Multidisciplinary Rehabilitation Services

That are tailored to the individual to ensure they meet their goals.

SAAPRAS understands that people undergoing the physical and emotional demands of amputee surgery need to be supported by a service that enhances their functional potential and independence whilst being flexible, timely and efficient.

Prosthetic Rehabilitation

Pre-Operative Planning

- Home review and assessment
- Collaboratively planning an early safe return home
- Education and support for clients and family/carer
- Fitness for surgery to optimise recovery and rehabilitation

Post Operative Services

- Goal setting collaboratively with the client and rehabilitation team
- Liaison with treating practitioner and other community to support rehabilitation and return to work
- Prosthetic working closely with PROSTEK to get the best outcome possible
- Management to prevent contractures, controlling of residual limb volume changes and pain management
- Monitoring for any complications or potential risk

Ongoing Management and Support

MPOT/Access Fitness Facilitate

- Reintegration into the community
- Driving assessments
- Return to work and the community

PROSTEK Prosthetists

- Monitor ongoing fit and function
- Make adjustments as needed
- Provide education on protecting the residual and contralateral limb from trauma and adapting to new lifestyle changes

MPOT/Access Fitness Occupational Therapist

 Complete reviews at home to finalise suitable equipment and progress day to day independence.

Our Facilities

MPOT and Access Fitness

Combine World Class Facilities with

First Class Customer Care

ASSESSMENT, TREATMENT & CONSULTATION ROOMS

UPPER LIMB THERAPY TREATMENT FACILITIES

ACTIVITIES OF DAILY LIVING UNIT

FUNCTIONAL CONDITIONING ZONE

GYM WITH SPECIALISED EQUIPMENT



OCCUPATIONAL THERAPISTS

PHYSIOTHERAPISTS

EXERCISE PHYSIOLOGISTS

ACCESSIBLE GYM

CASE MANAGEMENT

REHABILITATION CONSULTANTS



Don't Just Recover... Reach Your Full Potential

