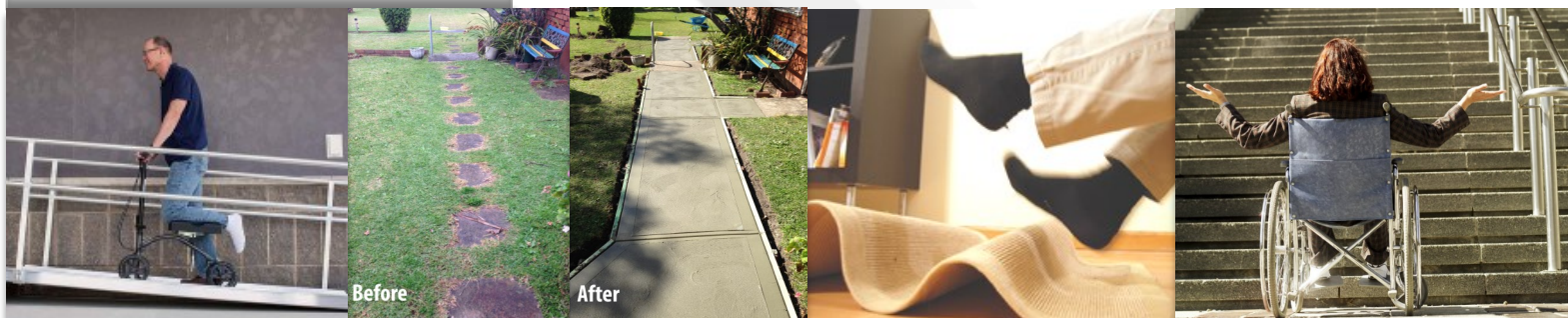


ACCESS AND SAFETY

Working toward **making** your **home** and **work** a **safer place**

Access to your home environment can be compromised because of illness or injury

MPOT/Access Fitness can perform Access and Safety Assessments in your Home and Workplace



HEAD OFFICE

Ground Floor
246 Glen Osmond Road,
FULLARTON SA 5063

REGIONAL OFFICE

26 Second Street,
NURIOOTPA SA 5355

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ACCESS
FITNESS

www.accessfitness.com.au

The leading cause of falls are linked to the home and working environment being unsafe. The second leading cause of falls are related to poor gait or balance.

Falls can have serious consequences, including trauma, pain, impaired function, and loss of confidence in carrying out everyday activities, loss of independence and loss of autonomy.

Access and Safety Assessments and Reports address the following areas:

- Access in, out and throughout your paths of travel
- Identification of falls hazards and recommendations to overcome them
- Mobility and transfers, including risk assessment and injury prevention

Recommendations may include:

- Environmental modifications (including drafting of plans if required)
- Equipment assessment, provision and follow up
- Advice regarding fall prevention and interventions (including treatment if required)

- SERVICES CAN BE ACCESSED BY -

NDIS Participants | Privately Insured Clients | GP Plans | DVA Clients (Gold and White Card Holders)
Clients with Third Party / Compensable Claims - including
Workplace Injury, Motor Vehicle Accident, Income Protection / Disability & Public Liability