

MPOT™

www.mpot.com.au

OCCUPATIONAL THERAPISTS

PHYSIOTHERAPISTS

EXERCISE PHYSIOLOGISTS

ACCESSIBLE GYM

REHABILITATION CONSULTANTS

ACCESS
FITNESS

www.accessfitness.com.au

DAY REHABILITATION AND TREATMENT

To enable **maximum life** participation whether at work, home or in the community

PROVIDING INDIVIDUALLY TAILORED REHABILITATION SERVICES INCLUDING:

Physiotherapy - Occupational Therapy - Speech Pathology - Exercise Physiology
Home Visits - Gym Membership - Supervised Gym Programs - Hydrotherapy
Rehabilitation Coordination - Upper Limb Therapy



HEAD OFFICE

Ground Floor

246 Glen Osmond Road,
FULLARTON SA 5063

REGIONAL OFFICE

26 Second Street,
NURIOOTPA SA 5355

CONTACT US VIA EMAIL

office@mpot.com.au
info@accessfitness.com.au

1300 368 141

MPOT/Access Fitness are able to offer a range of quality, individually tailored day rehabilitation programs for a range of conditions including:

Orthopaedic Focussing on improving mobility following hip & knee replacement, joint fracture or multiple orthopaedic injuries

Amputation A highly specialist area, our Occupational Therapists & Physiotherapist are experienced in rehabilitation following amputation

Neurological illness, stroke, brain injury, spinal cord injury Using evidenced based practice and principles of neuroplasticity with the goal to restore maximum functioning and independence

Chronic pain All therapists are trained in the latest biopsychosocial management, including graded motor imagery & mirror box therapy

Deconditioning Gently graded to enable the individual to achieve improvements in mobility, balance, fitness and independent functioning

- SERVICES CAN BE ACCESSED BY -

NDIS Participants | Privately Insured Clients | GP Plans | DVA Clients (Gold and White Card Holders)
Clients with Third Party / Compensable Claims - including
Workplace Injury, Motor Vehicle Accident, Income Protection / Disability & Public Liability

