1300 368 141

HEAD OFFICE

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REGIONAL OFFICE

26 Second Street, NURIOOTPA SA 5355

CONTACT US VIA EMAIL

office@mpot.com.au info@accessfitness.com.au



A specialist team of highly committed

Allied Health Professionals

working together to support you

TO ACHIEVE YOUR GOALS

Wheelchair Seating and Postural Assessments
Functional Rehabilitation
Driver Assessments and Rehabilitation
Pain Management (Injury Self Assessment)
Activities of Daily Living Assessments
Simple and Complex Home Modifications



OCCUPATIONAL THERAPISTS

PHYSIOTHERAPISTS

EXERCISE PHYSIOLOGISTS

ACCESSIBLE GYM

REHABILITATION CONSULTANTS



www.accessfitness.com.au



MPOT/Access Fitness specialises in supporting people with serious injuries and temporary or permanent disabilities. We have a fully accessible gym and wheelchair accessible equipment which is combined with a physiotherapy treatment facility. We aim to provide guidance and education to aid you in achieving your personal goals and therefore improving your general health, strength, flexibility and range of movement in a multi-disciplinary team environment

Our expertise spans from (but is not limited too) treating clients with everyday *Musculoskeletal Sprains and Strains* through to clients with *complex and serious conditions* such as *Acquired Brain Injury, Spinal Cord Injury, Burns, Multiple Trauma and Amputations*.

MPOT and Access Fitness are one of South Australia's leading providers of Allied Health and Disability Services to the community.

- SERVICES CAN BE ACCESSED BY -

NDIS Participants | Privately Insured Clients | Medicare (EPC) | DVA Clients (Gold and White Card Holders)

Clients with Third Party / Compensable Claims - including

Workplace Injury, Motor Vehicle Accident, Income Protection / Disability & Public Liability

















